

## Digging White Mussels from the Sand

### Have you ever done the mussel shuffle?

It can only be done during very low tide (usually with dark moon), and the weather have to be fine, because you usually end up totally wet.

Armed with a permit, our mussel bags and some dry clothes, we are ready to start the digging adventure:

One usually find white mussels on very flat, sandy beaches. You have to stand ankle-to-knee-deep in the water, wiggle your feet in the sand till you feel something hard underneath and then with your hands quickly dig it out. This have to be quick, otherwise you lose the mussel. All this happens while the waves are breaking in their normal pattern against you or over you!

It sounds easy, but believe me, it take some time before you find your first white mussel. After the first one you are hooked. You know you can do it, and you absolutely have to get the next one. It is such fun. Sometimes Magdaleen just scream: *“Piet, I found one! Come quick!”* and then I’ve got to get wet while digging it from underneath her feet...

It is so rewarding to hold this beautiful, white mollusk in the hand.

At home, the mussels have to be placed in fresh seawater for a few hours in order to clean itself from sand inside. While in the water, they slowly open again. You can see their feet and other organs. When clean, they can be cooked for food, or used as bait.

### My Prayer for you

Last Sunday, while walking along the rocky shore, I listened to gospel music on my iPod and the whole time the wind blew side showers over the waves. I again thought of the white mussel. In my prayer for you I compared you and me to the white mussel:

*“Lord, as the freshly harvested white mussel is not ready for human consumption because of unwanted sand inside the shell, we also need to receive inner purity through your grace, in order to become the person you want us to be.*

*I pray Lord, that you will help us to acknowledge and get rid of sins in our lives in the same way that the sand need to be washed out from inside the white mussel.*

*Lord, inside us are so many grains of sand – characteristics of a worldly person:*

*Legalistic attitude; Impure thoughts; Jealousy; Guilt; Worry;  
Discouragement; Critical spirit; Frustration; Aimlessness; Fear;  
Ignorance of our spiritual heritage; Unbelief; Loss of love for God and for*

*others; Disobedience; Poor prayer life; No desire for Bible study; and more...*

*Heavenly Father, because You promised the abundant and fruitful life as the result of being filled (directed & empowered) by the Holy Spirit, I pray that our lives will continuously result in traits like:*

*Love; Joy; Peace; Patience; Kindness; Goodness; Faithfulness; Gentleness & Self-control.*

*That our lives will be Christ-centered;*

*Empowered by the Holy Spirit, so we can introduce others to Christ;*

*Has effective prayer lives;*

*Understands God's Word;*

*Trusts and Obeys God.*

*Lord, cleanse us through your Holy Spirit. Amen."*

## **Webpage Links :**

- [For those who didn't yet accept Christ as their Savior & Lord. People who might not be born again children of God.](http://www.hope365.co.za/?q=node/62) - <http://www.hope365.co.za/?q=node/62>
- [For those who know Christ as their personal Savior and Lord, but want to grow in their relationship with Him, and want to be filled \(directed & empowered\) by the Holy Spirit](http://www.hope365.co.za/files/HIS-E%20(09-09-09).pdf) - [http://www.hope365.co.za/files/HIS-E%20\(09-09-09\).pdf](http://www.hope365.co.za/files/HIS-E%20(09-09-09).pdf)

## **Our Prayer Request**

### **Please Pray for 'There is Hope Ministries' and it's staff:**

- That the Lord grant as wisdom in contributing in people's lives through our **TWO** main ministries :
  - The Internet – [Our ministry](http://www.hope365.co.za/ministry) – <http://www.hope365.co.za/ministry>
  - WELLNESS programs for farmers and their workers – <http://www.hope365.co.za/node/210> - <http://www.hope365.co.za/node/210>
- Because of the financial recess all over the world, we also experience financial need in order to be effective in our calling.
  - Pray that the Lord will provide through people, according to His riches – [There is Hope Ministries's current needs](http://www.hope365.co.za/files/THM-Needs.pdf) - <http://www.hope365.co.za/files/THM-Needs.pdf>

*Until the whole world knows,*

## **Pieter Brits**

*Director : There is Hope Ministries  
Internet, Mentoring, Coaching & Training*

**Ministry Information:**

Office (08h00–16h00): 028 271 5124

Email: [hope@hope365.co.za](mailto:hope@hope365.co.za)

Evangelism Page #1: [www.Hope365.co.za](http://www.Hope365.co.za)

Evangelism Page #2: [www.KnowingGod.co.za](http://www.KnowingGod.co.za)

---

**Donate R5 & SMS : HOPE to 36836**  
Help ONE more to be exposed to the Gospel through our ministry

---

