

SOME TRUTHS OF ADULT LEARNING

Compiled by International Training Partners

1. Take advantage of the “teachable moment”. (Teach when learners are most receptive.)
2. Trust your intuition. (Trust your “gut feeling”.)
3. Never tell what you can ask.
4. Never ask, if you know the answer; tell in dialogue.
5. Never decide for learners what they can decide for themselves.
6. Design learning experiences which energizes the group.
7. None of us is as smart as all of us.
8. Adults learn better by doing.
9. People take away what they have processed.
10. In learning – everyone has a gift to bring.
11. When an adult learner feels excluded, little or no learning takes place.
12. If we cannot laugh at ourselves, we cannot truly help adults learn.
13. Respect is the prime factor in adult learning.
14. Laughter enhances learning.
15. If you cannot dispute it, you cannot know it.
16. Less is more. (Less is very often more effective.)
17. The urge to “teach” can get in the way of learning.
18. People know more than you think they do. People know more than they think they do.
19. Reflection invites deepest learning.
20. Priceless is the facilitator of adult learning in whom the professor has died!
21. A well-managed physical environment enhances learning.
