

## LEARNING TO PRAY

**Purpose:** To communicate what it means to pray, to encourage and equip you to develop your personal prayer life.

**Objectives:** This session will help you to:

1. Understand what prayer is.
2. Understand why prayer is important.
3. Understand conversational prayer.

### IMPORTANT INFORMATION

1. The focus of this session is various elements involved in prayer with a special emphasis on the ACTS model.
2. Pray as you prepare, pray as you practice and pray as you facilitate this session.
3. Be sure you are filled with the Holy Spirit as you facilitate this session.
4. It is recommended that you prayerfully reread the Transferable Concept, "How to Pray" in preparation to facilitate this session.
5. Choose your models early for the demonstration; make sure they follow the script and practice before class.
6. This is a 1 ½ hour session. Do not spend too much time on any one point, be sure you allow at least 15 minutes for the **action point** where participants will practice what they have learned. This will "land the plane" and just may revolutionize their prayer lives.

2M04



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International Training Office  
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## LEARNING TO PRAY

### I. Introduction.

- ☒ "COMMUNICATION IS A VITAL ELEMENT IN ANY SUCCESSFUL RELATIONSHIP, INCLUDING OUR RELATIONSHIP WITH GOD. GOD WANTS US TO COMMUNICATE WITH HIM ABOUT OUR CARES AND CONCERNS, AND HE DESIRES THAT WE TALK TO HIM ABOUT EVERY AREA OF OUR LIVES."

### II. What is Prayer?

- A. Prayer is personal communication with God.

#### TASK

ARRANGE A SMALL GROUP ACTIVITY WHICH WILL ALLOW THE PARTICIPANTS TO ANSWER THE ABOVE QUESTION. USE ONE ACTIVITY (NUMBER 7, 10, 14 OR ANYTHING THAT YOU CREATE) TO START THEM THINKING. THEY MAY REFER TO THE FOLLOWING SCRIPTURES, BUT THEY ARE NOT LIMITED TO THEM. HAVE THEM REPORT BACK IN \_\_\_ MINUTES.

Ephesians 2:4, 5, 8; 1 Peter 5:7

Psalm 62:8, 65:2; Proverbs 15:8

Psalm 27:8; John 4:23b, Proverbs 15:8

Philippians 4:6; Psalm 62:8; Luke 18:1; 1 Thessalonians 5:17

- ☒ [NOTE TO THE FACILITATOR: SUMMARIZE THEIR ANSWERS INCLUDING ANY OF THE FOLLOWING THAT MAY HAVE BEEN LEFT OUT.]

1. "PRAYER IS THE PRIVILEGE OF THE BELIEVER. FROM THE MOMENT WE RECEIVED CHRIST WE BEGAN A RELATIONSHIP WITH GOD. THIS PERSONAL RELATIONSHIP INCLUDES THE PRIVILEGE OF OPEN COMMUNICATION WITH HIM."
2. "OUR COMMUNICATION WITH GOD IS LIKE CHILDREN TO A FATHER.
  - a. GOD LOVES US AND CARES ABOUT US. (Ephesians 2:4, 5, 8; 1 Peter 5:7).
  - b. HE WANTS TO HEAR WHAT WE HAVE TO SAY. (Psalm 62:8, 65:2; Proverbs 15:8).
  - c. HE DELIGHTS IN US AND LONGS FOR OUR FELLOWSHIP. (Psalm 27:8; John 4:23b; Proverbs 15:8).
  - d. WE WANT TO BE WITH THE FATHER, SHARE WHAT IS ON OUR HEART AND EXPERIENCE THE SECURITY OF THE FATHER'S LOVE."

3. "WE CAN TALK TO GOD ABOUT ANYTHING (Philippians 4:6; Psalm 62:8), AT ANY TIME AND IN ANY PLACE (Luke 18:1; 1 Thessalonians 5:17).

B. Because of our relationship with God we can talk with Him about anything, any time. We are encouraged to "pour out our hearts." He longs for us to commune with Him, to tell Him what is on our hearts.

### III. What Can We Pray About?

#### **TASK**

ARRANGE A SMALL GROUP ACTIVITY WHICH WILL ALLOW THE PARTICIPANTS TO ANSWER THE ABOVE QUESTION. USE ONE ACTIVITY (NUMBER 7, 10, 14 OR ANYTHING THAT YOU CREATE) TO CONTINUE PROCESSING. THEY MAY REFER TO THE FOLLOWING SCRIPTURES, BUT THEY ARE NOT LIMITED TO THEM. HAVE THEM REPORT BACK IN \_\_\_ MINUTES.

Hebrews 4:16; Philippians 4:6  
Ephesians 3:14-19; Colossians 1:9-12  
Psalm 62:8; Hebrews 4:14, 15



[NOTE TO THE FACILITATOR: SUMMARIZE THEIR ANSWERS INCLUDING ANY OF THE FOLLOWING THAT MAY HAVE BEEN LEFT OUT.]

A. "PRAY ABOUT CIRCUMSTANCES (Hebrews 4:16; Philippians 4:6).

1. PEOPLE OFTEN TURN TO GOD IN PRAYER WHEN CIRCUMSTANCES ARE BAD.
2. WHEN THINGS ARE GOING WELL, REMEMBER TO TAKE TIME TO THANK GOD FOR HIS GOODNESS AND PROVISION."

B. "PRAY ABOUT PEOPLE (Ephesians 3:14-19; Colossians 1:9-12).

"PRAY FOR:

1. THEIR SALVATION,
2. THEIR WALK WITH GOD (IF THEY ARE CHRISTIANS),
3. AND THEIR NEEDS."

C. "PRAY ABOUT YOUR FEELINGS (Psalm 62:8).

"WE CAN EXPRESS ALL OUR FEELINGS TO GOD BECAUSE HE UNDERSTANDS (SEE HEBREWS 4:14, 15)."

"WE CAN TALK TO GOD ABOUT ANY THING, ANY PLACE, AND AT ANY TIME."

#### IV. What Role Does the Word of God Have in Prayer?

- ☒ [NOTE TO THE FACILITATOR: INTRODUCE THE FOLLOWING CORE BELIEF TO THE CLASS. INVITE THEM TO CHANGE IT TO MAKE IT THEIR OWN. RECORD ALL THEIR SUGGESTIONS WITHOUT CHANGING THE ORIGINAL DEFINITION.]

**CORE BELIEF**

PRAYER IS SIMPLY TALKING TO GOD AND LISTENING TO HIM AS HE SPEAKS TO US THROUGH HIS WORD.

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2 Timothy 3:16, 17; Psalm 119:18, 34, 103.

- ☒ "AS YOU STUDY GOD'S WORD, ASK HIM TO SPEAK TO YOU THROUGH HIS WORD AND THEN STOP TO LISTEN. QUIET YOUR MIND AND HEART BEFORE HIM. BUT DO NOT BECOME INTROSPECTIVE. TELL HIM HOW MUCH YOU WANT TO PLEASE HIM."

## V. Why Is Prayer Important?

### TASK

ARRANGE A SMALL GROUP ACTIVITY WHICH WILL ALLOW THE PARTICIPANTS TO ANSWER THE ABOVE QUESTION. USE ONE ACTIVITY (NUMBER 7, 10, 14 OR ANYTHING THAT YOU CREATE) TO CONTINUE PROCESSING. THEY MAY REFER TO THE FOLLOWING SCRIPTURES, BUT THEY ARE NOT LIMITED TO THEM. HAVE THEM REPORT BACK IN \_\_\_ MINUTES.

John 14:13; 1 Thessalonians 5:17; Ephesians 6:18; Acts 4:23; Matthew 9:38



[NOTE TO THE FACILITATOR: SUMMARIZE THEIR ANSWERS INCLUDING ANY OF THE FOLLOWING THAT MAY HAVE BEEN LEFT OUT.]

- A. "IT GLORIFIES GOD (John 14:13). WE GLORIFY GOD THROUGH PRAYER AS WE ACKNOWLEDGE WHO GOD IS, OUR DEPENDENCE ON HIM, HIS ABILITY TO ANSWER OUR PRAYER AND OUR CONFIDENCE IN HIM."
- B. "PRAYER BUILDS INTIMACY WITH GOD. COMMUNICATION DRAWS US CLOSER TO GOD AND DEEPENS OUR PERSONAL RELATIONSHIP WITH HIM."
- C. "GOD COMMANDS US TO PRAY (1 THES 5:17)."
- D. "PRAYER UNLEASHES THE POWER OF GOD AND ENABLES US TO HAVE AN IMPACT ON THE WORLD (ACTS 4:23-33; SEE ALSO MATTHEW 9:38). WHEN THE BELIEVERS PRAY IN UNITY, GOD'S GREAT POWER WAS RELEASED AS THEY WENT OUT TO WITNESS BOLDLY."

## VI. How to Pray.

- A. Prayer involves our intellect, will and emotions.



"AS IN ANY MEANINGFUL CONVERSATION, PRAYER ALSO INVOLVES OUR THOUGHTS, OUR FEELINGS AND OUR RESPONSE. OUR MIND MUST BE ENGAGED AS WE PRAY AND OUR WILL BE IN SUBMISSION TO THE LORD. WHILE WE DO NOT ALWAYS EXPERIENCE WORSHIPFUL FEELINGS, THESE WILL OFTEN FOLLOW AS WE PRAY IN OBEDIENCE AND FAITH."

B. We pray to the Father in the name and authority of Jesus through the ministry of the Holy Spirit (John 15:16; Romans 8:26, 27).

✘ "OUR PRAYERS ARE VALIDATED BY JESUS CHRIST AND ARE INTERPRETED TO GOD THE FATHER BY THE HOLY SPIRIT. BUT SINCE GOD IS ONE GOD MANIFESTED IN THREE PERSONS, IT IS ALSO PERFECTLY ACCEPTABLE TO PRAY TO JESUS OR TO THE HOLY SPIRIT."

C. Prayer often includes these elements:

✘ "THIS IS OFTEN REFERRED TO AS THE **ACTS** FORMULA OF PRAYER. WE CAN USE THIS FORMULA IF WE HAVE ONE HOUR TO PRAY OR ONLY 10 MINUTES."

1. Adoration (Psalm 147:1; Psalm 145)

✘ "WORSHIP IS AN EXPRESSION OF ADORATION TO GOD. IT MEANS HONORING AND PRAISING OUR FATHER AND REGARDING HIM WITH FERVENT DEVOTION. WE PRAISE GOD FOR WHO HE IS AND WHAT HE IS LIKE. WE HONOR HIM FOR THE WONDERFUL THINGS HE HAS DONE AND FOR PROVIDING HIS SON TO TAKE AWAY OUR SINS. WE CAN DECLARE OUR LOVE AND DEVOTION TO HIM BECAUSE HE FIRST LOVED US. PSALMS 145-150 WILL GIVE YOU BEAUTIFUL BIBLICAL EXAMPLES OF ADORATION, PRAISE AND WORSHIP."

2. Confession (Psalm 32:3-5; Proverbs 28:13; Hosea 14:2-3)

✘ "THE WORD 'CONFESS' MEANS TO AGREE WITH GOD ABOUT OUR SINS. IF THE HOLY SPIRIT MAKES US AWARE OF AN ATTITUDE OR ACTION THAT IS DISPLEASING TO GOD, WE NEED TO TALK TO HIM ABOUT IT, AGREEING THAT IT IS WRONG AND IS SIN. WE NEED TO EXPRESS OUR DESIRE TO CHANGE AND TRUST HIM TO CHANGE US THROUGH THE POWER OF THE HOLY SPIRIT. WHEN WE SIN IN ATTITUDE OR ACTION, CONFESSION CLEANSSES OUR HEARTS AND GOD WILL THEN HEAR OUR PRAYERS."

3. Thanksgiving (1 Thessalonians 5:18; Psalm 107:1)

✘ "GIVING THANKS PROVIDES THE OPPORTUNITY TO EXPRESS TO GOD THAT WE APPRECIATE HIM FOR WHO HE IS, AS WELL AS FOR WHAT HE HAS DONE FOR US. IT IS AN EXPRESSION OF GRATITUDE AND ALSO DEMONSTRATES FAITH."

"AS CONVERSATION IS EXPRESSED IN MANY DIFFERENT WAYS, SO PRAYER CAN BE EXPRESSED IN DIFFERENT WAYS."

4. **S**upplication - making requests (Philippians 4:6,7; Matthew 6:11,13)

☒ "THIS IS WHEN WE PRAY FOR OTHER PEOPLE AND THEIR NEEDS AND FOR OUR OWN NEEDS. WE ARE TO PRAY FOR EVERYTHING THAT CONCERNS US AS WELL AS FOR THE NEEDS OF OTHERS."

D. Different ways to pray.

1. Silent prayer (personal or corporate).
2. Conversational prayer in a large or small group.

☒ "CONVERSATIONAL PRAYER IS PRAYING IN A GROUP, ONE PERSON AT A TIME, STAYING ON ONE SUBJECT TO COVER IT THOROUGHLY BEFORE ANOTHER SUBJECT IS INTRODUCED. CONVERSATIONAL PRAYER IS SIMPLY PEOPLE HAVING A CONVERSATION WITH GOD."

3. Praying through Scripture.

☒ "WHEN YOU PRAY THROUGH SCRIPTURE, YOU READ EACH VERSE OR SENTENCE AND TURN IT INTO PRAYER. YOU GIVE PRAISE OR THANKS, MAKE REQUESTS AND SO ON, ACCORDING TO THE THOUGHTS THAT ARE EXPRESSED OR SUGGESTED IN THE SCRIPTURE PASSAGE."

"GENERALLY, CONVERSATIONAL PRAYERS AND PRAYING THROUGH SCRIPTURE WILL BE SHORT PRAYERS OF ONE OR TWO SENTENCES. A PERSON MAY PRAY MANY TIMES ABOUT THE SUBJECT OR MAY NOT PRAY AT ALL."

## VII. Demonstration of Prayer

[NOTE TO THE FACILITATOR: USE THE FOLLOWING EXAMPLE OF CONVERSATIONAL PRAYER; OR SET UP YOUR OWN DEMONSTRATION USING TOPICS OF INTEREST TO YOUR GROUP. MAKE SURE THAT THOSE WHO ARE INVOLVED IN THE DEMONSTRATION SPEAK LOUDLY ENOUGH TO BE EASILY HEARD. FOLLOW THE ACTS PATTERN FOR PRAYER. YOU MAY WANT TO SUBSTITUTE THE BIBLICAL NAMES USED IN THE DEMONSTRATION WITH COMMON LOCAL NAMES.]



**SET THE STAGE [ASK YOUR PARTNERS TO COME FORWARD AND ASSIST YOU IN THE DEMONSTRATION.]**

"LET US PRETEND THAT ANDREW HAS A NEW LIFE GROUP THAT HAS BEEN MEETING TOGETHER FOR SIX WEEKS. THE GROUP MEMBERS HAVE BEEN GROWING IN THEIR WALKS WITH GOD AND IN THEIR RELATIONSHIPS WITH ONE ANOTHER. EACH MEMBER OF THE GROUP IS DEVELOPING THEIR PERSONAL MINISTRY OF EVANGELISM AND DISCIPLESHIP. TONIGHT, THEIR GROUP HAS BEEN MEETING FOR 45 MINUTES. THEY HAVE SPENT TIME SHARING WHAT HAS HAPPENED IN THEIR LIVES; HAD SOME TIME IN THE WORD TOGETHER AND NOW THEY ARE GOING TO PRAY CONVERSATIONALLY. LET US JOIN THEM AS THE GROUP CONTINUES."

 DO THE DEMO.

"THE DEMONSTRATION BEGINS NOW."

- ANDREW: "AS WE PRAY TOGETHER TONIGHT, WHAT ARE SOME THINGS YOU WANT TO PRAY ABOUT?"
- MARY: "I AM STARTING MY NEW LIFE GROUP ON SATURDAY. I WOULD LIKE US TO PRAY ABOUT THAT."
- ELIZABETH: "MY MOTHER GOES INTO THE HOSPITAL FOR SURGERY TOMORROW. I WOULD LIKE PRAYER FOR HER."
- PETER: "AS I SHARED EARLIER TONIGHT, I TALKED TO MY SISTER, SARAH, LAST NIGHT ABOUT CHRIST AND SHE WAS NOT VERY RECEPTIVE. IT HAS BEEN ON MY MIND ALL DAY. I WOULD LIKE US TO PRAY FOR HER."
- ANDREW: "LET US REMEMBER THESE THINGS AS WE PRAY TOGETHER. LET'S BEGIN OUR TIME OF PRAYER FOCUSING ON WHO IT IS THAT WE ARE SPEAKING TOO. LET'S TELL HIM HOW MUCH WE LOVE HIM. 'FATHER, WHAT A PRIVILEGE IT IS TO BE ABLE TO CALL YOU FATHER.'"
- MARY: "YOU ARE AN AWESOME GOD. IN PSALM 145 VERSES 8 & 9 IT SAYS YOU ARE GRACIOUS AND MERCIFUL; SLOW TO ANGER AND GREAT IN LOVINGKINDNESS. YOU ARE GOOD TO ALL AND YOUR MERCIES ARE OVER ALL YOUR WORKS."
- ELIZABETH: "YOU ALONE ARE WORTHY OF OUR WORSHIP."
- PETER: "YOU LOVE US BECAUSE YOU ARE LOVE."
- MARY: "YOU KNOW ALL THINGS."
- ANDREW: "YOU CARE ABOUT THE THINGS WE CARE ABOUT. LORD, I LOVE YOU."
- ELIZABETH: "ME, TOO."
- MARY: "THAT GOES FOR ME TOO, LORD."
- ANDREW: (STILL IN PRAYER BUT TALKING TO THE GROUP) "PERHAPS AS YOU HAVE BEEN FOCUSING ON GOD YOU HAVE BECOME AWARE OF SIN AND YOU NEED TO CONFESS IT TO HIM. LET'S TAKE A MINUTE TO PRAY SILENTLY AND CONFESS ANYTHING THAT GRIEVES OR QUENCHES THE HOLY SPIRIT IN OUR LIVES."

(LET THERE BE SILENCE FOR A MINUTE)

"LET'S THANK GOD FOR WHAT HE HAS DONE."

PETER: "FATHER, THANK YOU FOR YOUR FOGIVENESS."

ANDREW: "THANK YOU FOR DYING FOR ME THAT I CAN KNOW YOU."

ELIZABETH: "THANK YOU FOR PROVIDING FOR MY EVERY NEED."

ANDREW: "THANK YOU FOR LOVING ME. THANK YOU THAT YOU CARE ABOUT US."

MARY: "YES, THANK YOU THAT YOU HEAR US AND DESIRE OUR FELLOWSHIP."

ELIZABETH: "THANK YOU THAT PETER WAS ABLE TO TELL SARAH ABOUT YOU LAST NIGHT."

PETER: "YES, FATHER. THANK YOU FOR SUCH A NATURAL OPPORTUNITY TO TELL MPHO ABOUT YOU. I ASK THAT YOU WOULD CONTINUE TO WORK IN SARAH'S HEART SO THAT SHE WOULD SEE HOW MUCH SHE NEEDS TO KNOW YOU."

MARY: "I AGREE, LORD. I ASK THAT THE HOLY SPIRIT WOULD CONVICT HER ABOUT HER SIN AND NEED FOR A SAVIOR. I ALSO ASK THAT SHE WOULD BECOME MORE OPEN TO HEARING ABOUT YOU."

ANDREW: "I ASK THAT YOU WOULD PROVIDE MORE OPPORTUNITIES FOR PETER TO TALK WITH SARAH AND THAT YOU WOULD LEAD HER TO OTHER CHRISTIANS WHO WILL TALK TO HER ABOUT YOU AS WELL."

ELIZABETH: "THANK YOU, FATHER, THAT YOU DESIRE FOR PEOPLE TO ENTER A RELATIONSHIP WITH YOU."

MARY: "THANK YOU, TOO, THAT YOU NOT ONLY CARE BUT YOU ALSO ANSWER OUR PRAYERS. THERE IS NO ONE MORE POWERFUL THAN YOU."

PETER: "FATHER, I WOULD LIKE TO PRAY FOR ELIZABETH'S MOTHER, WHO IS FACING SURGERY TOMORROW. I AM SURE SHE FEELS NERVOUS. I PRAY YOU WILL CALM HER AND HELP HER TRUST YOU THROUGH THIS."

ANDREW: "I AGREE LORD. WE RECOGNIZE THAT YOU ARE IN CONTROL OF THIS SITUATION. I DO PRAY FOR THE SURGEON, THAT YOU WILL GIVE HIM WISDOM AND CONCENTRATION AS HE PERFORMS THE SURGERY."

- ELIZABETH: "I PRAY THAT THERE WILL BE NO COMPLICATIONS AFTER SURGERY AND THAT SHE WILL HEAL QUICKLY."
- [BRIEF PAUSE]
- ANDREW: "THANK YOU, FATHER, FOR THE NEW LIFE GROUP THAT MARY IS STARTING ON SATURDAY. I THANK YOU FOR BRINGING MARY INTO CONTACT WITH SO MANY INTERESTED PEOPLE. I ASK THAT THEY WOULD GROW INTO COMMITTED MULTIPLYING DISCIPLES WHO WILL HELP REACH THE WORLD FOR CHRIST."
- PETER: "I AGREE. RIGHT NOW, THOUGH, I ASK THAT THEY WOULD REMEMBER TO COME ON SATURDAY AND THAT THEY WOULD BE FAITHFUL."
- MARY: "I HAVE TO ADMIT, FATHER, THAT I FEEL NERVOUS ABOUT LEADING THIS GROUP. I ASK FOR YOUR HELP AS I DO IT."
- PETER: "I PRAY YOU WOULD HELP MARY AS HE/SHE PREPARES FOR THE GROUP, THAT HE/SHE WOULD UNDERSTAND THE MATERIAL AND WOULD BE ABLE TO COMMUNICATE IT CLEARLY."
- ELIZABETH: "THANK YOU, LORD, FOR HEARING US; THAT YOU CARE AND ARE INVOLVED IN OUR LIVES. THANK YOU, TOO, THAT YOU ARE ABLE TO ANSWER. WE ARE GRATEFUL. AND THANK YOU FOR THIS TIME IN PRAYER TOGETHER WITH YOU. I NOW ASK AS THE APOSTLE PAUL ASKED FOR THE CHRISTIANS IN EPHESUS THAT WE MAY BE ABLE TO COMPREHEND WITH ALL THE SAINTS WHAT IS THE BREADTH AND LENGTH AND HEIGHT AND DEPTH, AND TO KNOW THE LOVE OF CHRIST WHICH SURPASSES KNOWLEDGE, THAT WE MAY BE FILLED UP TO ALL THE FULLNESS OF GOD. IN JESUS' NAME, AMEN."
- "THE DEMONSTRATION ENDS HERE."



**DEBRIEF** [ASK THE PARTICIPANTS: "WHAT ARE SOME OBSERVATIONS THAT YOU MADE DURING THE DEMONSTRATION?" GROUP ACTIVITY 42 IS USEFUL AT THIS POINT.]

- ☒ [NOTE TO THE FACILITATOR: SUMMARIZE THEIR ANSWERS INCLUDING ANY OF THE FOLLOWING THAT MAY HAVE BEEN LEFT OUT.

“THEY PRAYED ABOUT ONE TOPIC AT A TIME.”  
 “EACH PERSON PRAYED AS THEY THOUGHT OF SOMETHING ON THAT TOPIC.”  
 “THE PRAYERS WERE BRIEF.”  
 “THEY PRAYED SCRIPTURE.”  
 “THEY USED THE ACTS FORMAT AS THEIR MODEL FOR PRAYER.”

### VIII. Prayer Evangelism Strategy

- ☒ [NOTE TO THE FACILITATOR: LEAD THE CLASS IN A DISCUSSION ON THE ROLE OF PRAYER IN EVANGELISM USING THE QUESTIONS FOUND IN THE STUDENT OUTLINE. HAVE COPIES OF THE TAKE FIVE/GAP STRATEGY AVAILABLE AND EXPLAIN THE CONCEPT OF PRAYER EVANGELISM CLEARLY AFTER THE FOLLOWING EXERCISE.]

WHAT IS THE ROLE OF PRAYER IN EVANGELISM? DO YOU HAVE ANY TESTIMONIES OF HOW PRAYER WORKED IN PREPARING SOMEONE FOR THE MESSAGE OF SALVATION? CAN YOU FIND SCRIPTURES WHICH SUPPORT THE IDEA OF THE ROLE OF PRAYER IN EVANGELISM?

### IX. ACTION POINT

- ☒ PRACTICE

"NOW I WOULD LIKE FOR US TO TAKE A FEW MINUTES TO APPLY SOME OF THE THINGS WE HAVE LEARNED. PLEASE FORM GROUPS OF 3-4 AND PRAY CONVERSATIONALLY ABOUT YOUR CONCERNS."

"EACH PERSON CAN BRIEFLY SHARE ONE CONCERN WITH THE GROUP. KEEP YOUR SHARING TIME TO NO MORE THEN THREE SENTENCES EACH. THEN AS A GROUP, PRAY CONVERSATIONALLY ABOUT THESE CONCERNS. I WILL CLOSE OUR TIME OF PRAYER IN A FEW MINUTES." [CLOSE IN PRAYER.]

- ☒ DEBRIEF [ASK PARTICIPANTS HOW THE PRACTICE WENT. TAKE TIME TO LISTEN TO THEIR RESPONSES.]